

<u>Meeting</u>	<u>Date</u>	<u>Times (ET)</u>
1 - Is This Normal?	Sunday, October 06, 2024	1:00–3:00pm
2 - Your Grief Journey	Sunday, October 13, 2024	1:00–3:00pm
3 - Loneliness & Sadness	Sunday, October 20, 2024	1:00–3:00pm
4 - Self-Care	Sunday, October 27, 2024	1:00–3:00pm
5 - Fearful & Overwhelmed	Sunday, November 03, 2024	1:00–3:00pm
6 - Anger	Sunday, November 10, 2024	1:00–3:00pm
7 - Regrets	Sunday, November 17, 2024	1:00–3:00pm
8 - Grief & Your Household	Sunday, November 24, 2024	1:00–3:00pm
9 - Grief & Your Friendships	Sunday, December 08, 2024	1:00–3:00pm
10 - Questions for God	Sunday, December 15, 2024	1:00–3:00pm
11 - Stuck in Grief	Sunday, January 05, 2025	1:00–3:00pm
12 - Hope & Resilience	Sunday, January 12, 2025	1:00–3:00pm
13 - What Do I Live For Now?	Sunday, January 19, 2025	1:00–3:00pm