



GriefShare Schedule—Sundays

Session 1 Is This Normal?

Sun, January 16, 2022 1:00PM—3:00PM

Session 2 The Challenges of Grief

Sun, January 23, 2022 1:00PM—3:00PM

Session 3 The Journey of Grief – Part 1

Sun, January 30, 2022 1:00PM—3:00PM

Session 4 The Journey of Grief – Part 2

Sun, February 6, 2022 1:00PM—3:00PM

No Class — SuperBowl

Sun, February 13, 2022 1:00PM—3:00PM

Session 5 Grief and Your Relationships

Sun, February 20, 2022 1:00PM—3:00PM

Session 6 Why?

Sun, February 27, 2022 1:00PM—3:00PM

Session 7 Guilt and Anger

Sun, March 6, 2022 1:00PM—3:00PM

Session 8 Complicating Factors

Sun, March 13, 2022 1:00PM—3:00PM

Session 9 Stuck

Sun, March 20, 2022 1:00PM—3:00PM

Session 10 Lessons of Grief – Part 1

Sun, March 27, 2022 1:00PM—3:00PM

Session 11 Lessons of Grief – Part 2

Sun, April 3, 2022 1:00PM—3:00PM

No Class — Easter Sunday

Sun, April 10, 2022 1:00PM—3:00PM

Session 12 Heaven

Sun, April 17, 2022 1:00PM—3:00PM

Session 13 What Do I Live for Now?

Sun, April 24, 2022 1:00PM—3:00PM

If More Information is Needed Contact:

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